Meet JA MENTOR at the European Public Health Conference: tools, practice and policy for youth mental health

JA MENTOR will be present at the European Public Health Conference in Bilbao on 11–13 November 2026. **Visit booth 6** to explore the project's work on youth mental health and exchange ideas with experts working across research, practice and policy.

The booth will offer opportunities to discover tools and resources, discuss approaches to mental health promotion, and learn how training and cross-sector collaboration can support their use across Europe.

MEET THE EXPERTS

11 November | 11:00 — HappApp: a digital tool for mental health

Helga Arnardóttir will present HappApp, the mental health app being developed within JA MENTOR and already available in eight languages. Discover the app and discuss its potential to support young people's mental health.

11 November | 15:00 — Mental Health in All Policies

Matej Vinko and **Anne Havermans** will discuss their work on integrating mental health considerations across policy sectors. This work has also been presented through the WHO/Europe EUPHA-accredited learning programme Strengthening Public Health Workforce Capacity for Mental Health Promotion and Prevention, reaching a wider community of mental health experts and policymakers.

13 November | 11:00 — Exploring the Mental Health Practice Catalogue

Chiara Ciacchella will introduce the catalogue that she and her colleagues are developing within JA MENTOR. Join the discussion to learn about its development and potential value for organisations seeking mental health practices to inform their work.

All times are local to Bilbao (CET).

Researchers, practitioners, policymakers and public health professionals are welcome to join these exchanges, share their perspectives and explore opportunities for mutual learning.

Visit JA MENTOR at booth 6 — we look forward to meeting you.