

# Guidelines for Describing Health and Care Solution for the Knowledge Hub

In this section you can browse and share innovative health and care solutions. These may be solutions developed from scratch or adapted from those developed elsewhere.

**To describe and share your own, entirely new solution or an adapted solution in this section, there must be evaluation data regarding the implementation and outcomes of the solution, which you will report as part of the description.**

Before sharing your solution, please *read these guidelines carefully*.

## What is meant by a solution?

A *health and care solution* refers to a **recurring, purposeful practice** that helps achieve a specific goal—for example, preventing illness, promoting healthy behaviours, improving adherence to treatment, or reducing unnecessary service use.

A solution is **not ONLY a product, tool or device**. Instead, it is a practice that is continuously carried out by people, shaped by the tools and technologies they use, and influenced by the setting in which care takes place. In other words, a solution is something that is **enacted in everyday work**, not a one-off action.

## What is meant by adaptation?

*Adaptation* refers to the **modification or adjustment** of a health and care solution when it is transferred from one setting to another. Adaptation may also include changes made within the adopting context itself.

Adaptation acknowledges that a solution that works well in one environment may need to be adjusted for another, due to differences in patient groups, staffing, technologies, workflows, available resources, or other contextual factors. Thoughtful adaptation is therefore essential to ensure successful implementation and meaningful results in a new setting.

## You can do the following in this section:

### Search for and browse existing solutions

- You can search for and browse existing solutions *by using the available filters.*

**THCS**  
TRANSFORMING HEALTH AND CARE SYSTEMS

HOME RESOURCES CAPACITY BUILDING SYNERGIES TRANSFER & IMPLEMENTATION ENG LOGIN

### Browse and share health and care solutions

Clear descriptions of health and care solutions are essential for their transfer, adaptation, and implementation. A well-defined theory of change helps explain how a solution is expected to achieve its intended outcomes and under what conditions it works best.

In this section, you can explore a range of health and care solutions that have been developed or adapted by other Knowledge Hub users. Each solution description has undergone a review process focused on clarity and usability, ensuring that they are presented in a way that supports their adoption in different contexts and settings. The review process did not assess the evidence of effectiveness.

If you have developed or adapted a solution yourself, you are warmly encouraged to share it with the community by completing the online submission form.

[Before sharing your solution, please read these guidelines carefully.](#)

REGISTER LOGIN

Target Group: All Targets Health and Care Domain: All Domains Adaptations: All Country: All Countries Sort by: Newest First Reset Filters

### Create an Account and Log In

Before you can begin to share and describe your solution:

- [Create a user account](#) or log in with your existing credentials from the top right corner of the THCS webpage.

### Describe a new solution and its evaluation results

- When logged in, you can describe an original solution that you have designed and its implementation and outcome evaluation results. To begin, click the option “*Create solution*”.

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CREATE SOLUTION

Target Group: All Targets Health and Care Domain: All Domains Adaptations: All Country: All Countries Sort by: Newest First Reset Filters

## Describe an adapted solution and its evaluation results

- When logged in, you can describe how you adapted, implemented, and evaluated in your own context a solution **that was originally developed elsewhere**. If the description of the original solution already exists in the Hub, open it and begin by clicking *“Implement this solution”* at the end of the page. See an example [here](#).
- If you are working with a solution transferred from another context and it is **not yet described in the Hub**, start by creating a description of the original solution by clicking *“Create solution”*. After its publication, you can describe its adaptation and implementation and outcome evaluation results in your own environment by clicking *“Implement this solution”* at the end of the description.

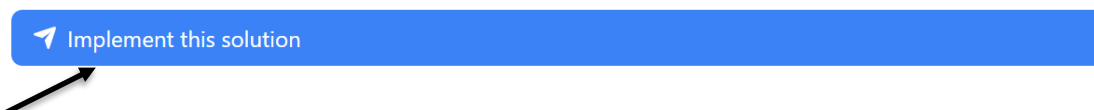
regulations for data-sharing and integrated care while providing financial backing for sustainable implementation. Cultural, social, and linguistic considerations must also be addressed to ensure inclusivity across diverse demographics and regions.

This comprehensive framework lays the foundation for building a supportive, inclusive ecosystem that adapts to the unique needs of neurodivergent individuals, empowering them and their families while fostering systemic reform.

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Author: juha Koivisto

License: [This is not a real solution, it was created by using AI.](#)



## Fill the form

The form has open fields provided to guide your writing. Fields marked with an asterisk (\*) are mandatory.

- **Be clear and concise.** The goal is to make your description understandable and useful for others who may want to adopt your solution.
- You can stop describing at any time – just remember to save. When you continue, you will find your draft description in your profile.

## Submit for Review

Once your description is complete:

- Submit the form for review by THCS partners.

**The review checks for clarity of the description**— not the scientific quality or evidence of the solution.

- The reviewer may ask you to make corrections to the description. Make the corrections and, if needed, discuss them with the reviewer by email.

## **Publication**

After approval, your solution will be published in the \*\* Browse and share health and care solutions \*\* section of the Knowledge Hub, making it publicly accessible to others.

To learn more: [See the THCS Handbook for Transferring and Implementing Health and Care Solutions.](#)

If you have any questions, please contact [thcs.solutions@thl.fi](mailto:thcs.solutions@thl.fi)